

StepByStep, Recovery Newsletter

Volume 3, Issue 1

July 2011

Up Coming Events:

July 1st—Last day to turn in raffle tickets!

July 14th—Raffle Ticket Drawing

August 15th—Commodity Food Give-Away with DeKalb Partnership for Community Action at 10:00 a.m. 191 Plainview Drive, Suite 3, Lawrenceville, GA 30046

Aug 24th—Feed the Community with Atlanta Food Bank and Bank of America—10:00 a.m. At Nash Chevrolet Budget Center parking lot on the corner of Gwinnett Drive & Plainview Drive

CONTACT US

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From our Director...

Our Awareness Event had a good turn out. We learned a lot and hope the community has been enlightened to some of the pressing issues we face. Many thanks to all who participated.

Our Feed the Community event last year was a huge success! Let's make this one even more successful!

We often obsess over yesterday's shortcomings. Everyday is an opportunity to start over. Step forward with faith.

With Love & Gratitude,
Bridget Hall

From our hearts...

My Exit Letter to SBS

I truly believe God had His hands in my coming to StepByStep. Y'all gave me the guidance I needed and showed me by example that I can live life sober. That I can be a responsible person in this world.

Y'all gave me the love and understanding and at times, the hard love that I need to get through my rough times.

But most of all y'all gave me a life long family. And I know no matter where I am I always have a home to come to, with loving arms. That will always guide me in the right direction.

I would have never made it this far in my life in the right way had StepByStep not been here.

Thank you for always being here for me. Thank you Bridget, Vee, Mary Beth and Eddie for being a guide and friend to me. And for always being available. All of you hold a special place in my heart. Thank you for giving me a life long sober loving family.

Sincerely,
Brandy E

Gwinnett County Detention Center Arrest Report for June 2011 (unofficial)

Total Arrested	3010	Percentage
Drug/Alcohol Related	687	22.82%
Males	539	78.46%
Females	148	21.54%

Quote of the Month

Take the first step in faith. You don't have to see the whole staircase, just take the first step.

Dr. Martin Luther King Jr.

ANNOUNCING...

*The
Vera E. Silas
Independence Thru
Depends Project*

Visit our [community support](#) page of our website for more information

In the news...

Drivers who die in crashes test positive for drugs 25% of the time, a new study finds.

Researchers examined data on more than 44,000 drivers in single-vehicle crashes who died between 1999 and 2009. They found that 24.9% tested positive for drugs and 37% had blood-alcohol levels in excess of 0.08, the legal limit. Fifty-eight percent had no alcohol in their systems; 5% had less than 0.08. The data were from a government database on traffic fatalities.

Study co-authors Eduardo Romano and Robert Voas of the Pacific Institute for Research and Evaluation in Calverton, Md., say their study is one of the first to show the prevalence of drug use among fatally injured drivers. Among drivers who tested positive for drugs, 22% were positive for marijuana, 22% for stimulants and 9% for narcotics.

The study also examined interaction between alcohol and drugs in fatal crashes. Researchers found no evidence that combining drugs and alcohol produced greater impairment.

"When a driver is drunk, it doesn't matter what drugs are in their system. The alcohol takes over," Romano says.

Unlike data for drunken driving, data on drugged driving are limited, says Robert DuPont, former head of the National Institute on Drug Abuse. But in 2007, the National Roadside Survey found that 16% of nighttime weekend drivers tested positive for illegal drugs. "There's still an inadequate appreciation of drugged driving separate from the alcohol problem," DuPont says.

Only 19 states have laws prohibiting any amount of drugs while operating a vehicle, according to the Governors Highway Safety Association.

Source: <http://yourlife.usatoday.com/health/>

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